

Week 4 27th October 2014

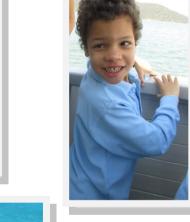
# Purple Class

Purple class has been enjoying Term 4. We are back to visiting the park every Monday, swimming twice a week, Special Olympics and visiting our special gym. We are having a very busy term. The theme for the first five weeks is on Australia, singing lots of Australian songs, looking and painting Australian animals and reading Australian stories. On a Wednesday afternoon we do a sensory story about a wombat. We also enjoyed an excursion to Dangar island on a ferry last term. This term we are going to visit Featherdale Wildlife Park for an excursion to see lots of Australian animals.

We are busy learning lots of new things as well, using pictures and photos to ask for food and activities, walking up and down stairs, learning to sign more, eat, help, drink. Purple class are having fun learning together!

Melinda, Claire and Deng













8 NELSON ROAD LINDFIELD 2070

**PHONE:** 9416 9281 † 9416 9293 **FAX:** 9416 1393 **EMAIL:** cromehurst-s.school@det.nsw.edu.au

# Crometo week 4 Crome to week 4



Last week an overdue retirement function for one of our long serving and much loved SLSOs Glenys York was held at Cromehurst after school. Glenys officially retired at the end of last year but wanted to wait until we returned to our new school before having an afternoon tea as she wanted to invite former colleagues and friends who would have found it difficult to travel to Hornsby. It was a testament to Glenys how many people attended and spoke so highly about her work here over the last 26 years. We have missed her since she retired although she still works the occasional casual day to help us out. We hope after giving so much to others she will find time to think about herself (although most of us know she will continue to fill her life supporting others).

Thank you to the parents who have responded to our evaluation survey. I encourage all families to respond as it is through your feedback that we can continually strive to improve our systems. If you did not receive the survey via email (a few bounced back as undeliverable) then you can access it through our school website.

Our numbers for 2015 continue to rise and it is appearing we will be at capacity from day one. Following an area placement panel this week and another in week 8 it may be necessary to establish a ninth class at Cromehurst. Next week we will begin the process of class allocations for students. We will have between 10 and 15 new students (depending on a new class establishment) so the process will take a little longer this year. All classes will be tentative and as usual there may be changes in 2015 required due to student needs or new enrolments. Please be assured that all decisions regarding class placements are made with your child's educational and social needs in mind. We hope to inform parents of their child's 2015 class by the end of November.

As the weather gets warmer it is important that our students remain well hydrated. We try to encourage our students to drink additional amounts of water as it has no sugar and assists in the development of strong teeth. Please include water in your child's bag each day, a refillable water bottle is also a good idea as many of our students find drinking sufficient water assists them in times of stress. I have included a NSW Health fact sheet outlining why we should choose water as a preferred drink. I have also once again included the link to a resource to assist families to keep track of the week numbers of each term and help your family stay on top of the million and one things happening this time of year. The School A to Z's website has posted monthly planners. They're easy to print out and pop up on the fridge for all to see. <a href="http://bit.ly/UbmQz8">http://bit.ly/UbmQz8</a>

Christine

### **FACT SHEET**



### Choose water as a drink

Water is the best drink when you are thirsty. Water is good as it does not have any added sugar. Drinking tap water also helps your child develop strong teeth. Water in Australia is safe to drink straight from the tap or boiled if your prefer; either way it still contains fluoride.

#### Tips to help your child to drink more water

- · Take a bottle of water when you go out.
- · Put a bottle of water in with your child's lunch.
- · Keep cold water in the fridge at home.
- · Give your child a water bottle when they play sport.



### Limit soft drinks, sports drinks and cordial

Fruit juices, soft drink, sports drinks and cordials should not be given to your child everyday as they can have lots of added sugar. If you do give your child juices, soft drinks, sports drinks or cordials remember:

- water these down until you can replace them with water
- · serve in smaller cups
- · limit the number of cups your child has each day.

### The facts about fruit juice

- Fruit juice can be high in natural and added sugar.
- A piece of fruit is better than a glass of juice.
- One small cup of fruit juice each day is enough for your child.



### Milk is a healthy option

- Milk helps your child develop strong teeth and bones.
- Children over 2 years of age should drink reduced fat (not skim) milk.
- Reduced fat milk has less fat than full cream milk but still has lots of nutrients that young children need.
- Soy milk is suitable if it is reduced fat and has added calcium.





Revised December 2011 © NSW Health. SHPN (CHA) - 110299 - English

# Thank you Glenys















### **CROMEHURST**

# Awards

Name	Class	Awarded For:
Mahi	Rainbow	Trying to sound his letters
Jack N	Purple	Walking up to friends with a big smile
Kai	Aqua	Climbing really well in fun gym
James M	Aqua	Working hard on his desk work—great concentration
Pulasthi	Orange	Independently getting the awards
Alan	Red	Stopping and waiting
Scott	White	Helping to set up for sport on Thursday
Romina	Blue	For excellent communications with her peers & teachers
James B	Yellow	Bushwalking with group & walking independently

## PBEL Stars

To create a consistent whole school approach for safe and effective learning"

Our students continue to develop social skills linked to our expectations of "Be Safe" Be Friendly" and

"Learn Together".

This week our students of the week are:

Daniel J - Learn Together Aidan –Learn Together



# **Events for your Diary**

(Please note: Newly added events will be in **bold**)

3rd Nov—Featherdale Wildlife Park

16th Dec—Variety Xmas Concert

3rd Dec—Graduation

12th Dec—Xmas Concert

5th Dec—Special Music Chatswood

17th Dec—Last day Term 4

15th Dec—Primary Awards

### **World of Magic**

Proudly hosted by the Lions Club of Bondi

These tickets have been generously sponsored by the Sydney business community, Join in to 90mins of family entertainment

Where: Hordern Pavilion Moore Park

When: Saturday 15th Nov there are 3 show times 11am, 1.30pm and 4pm

If you would like tickets for you family please contact the school office with the number of tickets you would like (1 numbered ticket per person) Tickets are limited so be quick



Executive Real Estate

ne: 02 9415 8080 Mobile: 0414 526 266 Fax: 02 9415 8700

**Monty Thompson** 

allow me to exceed your expectations



### Lindfield Medical Practice Ph. 94161348 A few of the services we offer are: Travel vaccinations, Diabetes clinics, Paediatric care, Women's/Men's health, Skin checks, Pathology services on site Bulk-billing for all children under 16 Dr R Gordon | Dr P Schnitzler | Dr J You | Dr A Snodgrass | Dr M Jarrett Dr J Sterrett | Dr M Sindler | Dr C Jenner | Dr S Guenther | Dr L King | Dr W Nguyen





Australian Newsletter Services P/L, Authorised Supplier of Free Newsletter Covers For Schools & Churches PO Box 1878, Springwood B.C., Q. 4127 Ph: (07) 3290 1966, Freecall: 1800 245 077, Fax: (07) 3290 1988, Email: info@austne