

### **Cromehurst News**

Term 4 Week 8

27 NOVEMBER 2017

- 6 Dec—Graduation & Secondary Social Event
- 8 Dec—Awards Assembly
- 13 Dec—Christmas Concert
- 15 Dec—Last Day Term 4

### Blue Class

Our work in Term 4 has related to the topic Summertime Fun. We have practiced being sun safe - rubbing on our own sunscreen, wearing hats and sunglasses. It has been fun participating in sensory stories with Purple and Rainbow Class, and two classes from Newington school, each Mondav afternoon. The students have all enjoyed talking about different holiday destinations and looking at photos of themselves and their friends in these places. It was exciting to set up a campsite in the classroom, and lie in a tent under the "twinkling stars" of our special classroom lights.

We have focused well in class and had success in achieving many of our IEP goals. Well done on your achievements in 2017 Millie, Daniel, Ashlee, Rachael and Sofie.

Other highlights of this term have been participating in ice skating, the Summertime Fun day with Abbotsleigh School and parents, the Variety Club Christmas Party and of course spending time with our wonderful Willoughby buddies. Blue Class has been practicing their End of Year Concert song with their Buddies and we are really looking forward to seeing everyone at our Cromehurst Christmas Concert.

Thanks for a fantastic year Blue class











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students and parents.

Sally, Sue and Bridget



### Principal's Message

Welcome to Week 8,

A big thank you to the wonderful year 10 students from Killara High School and Roseville College who did community service with us last week. Our students and staff very much enjoyed having them around and helping in classrooms, on the playground, on the Variety excursion, with secondary community access and in the art room. It is a valuable program for year 10 students in which to participate. From the feedback I have had from these students. they take with them a better understanding of disabilities, communication and connecting with others. This week we have four more students from Killara High.

The Variety Christmas Party at Darling Harbour was a huge success and our primary students had a wonderful time. Lani and her primary team organised transport and support so that the day ran smoothly. Thank you to the volunteers, including the Roseville girls and thank you also to Joseph and Glenn for driving the buses.

If you have had a chance to stop into school you would have seen the beautiful hampers on display in the foyer for our annual fundraising raffle. Thank you to those parents who have requested raffle books to be sent home. There are more available should you wish to purchase any tickets or sell them to your friends and families.

Some other exciting fundraising news: two weeks ago Lani and I were guests at a dinner after the Roseville Golf Club Pro-Am and Mashie Event where the proceeds of the raffle held during this event are donated to our school. This raffle raised \$5000 for our school! This is the third year in a row that Roseville has raised and donated similar amounts and they are indicating that this will continue. It would be wonderful if there are any golfers in our school community who would participate in this event in the future. We are very grateful for this donation and it will be put towards updating classroom technology.

Only three more weeks to go for this school year to finish! This week the final preparations take place for the Graduation and Secondary and Middle School Social which is on next Wednesday the 6<sup>th</sup> of December, followed by the Awards Assembly next Friday the 8<sup>th</sup>. In the final week we will hold our Christmas Concert on Wednesday the 13<sup>th</sup>. I do hope everyone can attend this extravaganza!

Once again feel free to contact me or other executive staff while Christine is away.

Janice



## Mind Matters

The Mind Matters committee ran a successful workshop on the So Safe framework. The So Safe program consists of a set of visual and conceptual tools to promote social safety in a very structured manner for children and adults with an intellectual disability or young children. We use So Safe at Cromehurst as part of our positive well-being framework. At the workshop we presented some of the resources and lessons that we use at school and that can also be used at home. Some of the key concepts of So Safe are as follows:

- People are classified into categories including 'people I don't know', 'community workers I know', 'friends', 'family' in a 'Talk/Touch Triangle'.
- Physical contact is classified according to categories of relationships.
- There are public and private locations and public and private parts of the body.
- Consent should be given before physical contact is initiated.

Below is the version of the 'Talk/Touch Triangle' used at Cromehurst.



Thank you to all family members who attended the workshop. The feedback was very positive and we will run more workshops about school programs next year.

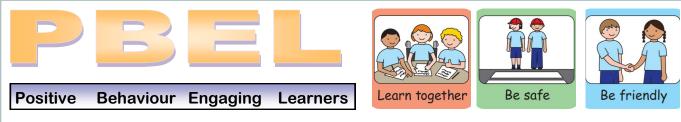
# **CROMEHURST SCHOOL**

Term 4 Week 7

#### 20 Nov—24 Nov 2017

# **Assembly Awards**

Name	Class	Awarded For:
Aliya	Purple	Making great eye contact and smiling at the Newington Boys during our beach activities
Sophia	Rainbow	Using the toilet more frequently independently
Thomas	White	Reading his sight words with just a little help
Rachael	Blue	Being safe at the Variety Christmas party
Edie	Yellow	Staying with the group and having fun at the Variety Christmas party
Jack N	Red	Bike riding
Noah	Orange	Calmly asking for a break
Romina	Aqua	Staying with the group on community access
Edward	Green	Doing fantastic homework and presenting it in class
Bronte	Pink	Walking up to teachers and asking for a drink independently
Conor	Music	Brilliant participation in Music
April	Art	Helping others during Art



### **Stars of the Week**

To create a consistent whole school approach for safe and effective learning.

This week our students of the week are:

Tara—Be Safe Edward—All Rounder (Learn Together, Be Safe, Be Friendly)

### **General News**



The Hamper for Her contains:

Dove Beauty Collection Naturally You Shower Pack Total Bathing Bliss Pack Natural Bath Pack T2 Tea Perfumes Chocolates Wine Candle Lotions Loofah Gift Card from QVB Hair Care L'Occitane Products Tea Cups



### General News (continued)

### The Hamper for Him contains:

Cheeseboard **BBQ** trays **BBQ** tools Cologne Salad Bowl & Tongs Lynx Pack **BBQ** Condiments **Cook Book** Gift Card QVB Beer Nuts & Chocolates Wine Gas Tank Gauge Mens Body Products **Biscuits** T2 Tea



### The Christmas hamper contains:

Luxury food items including:

- Biscuits
- Chocolates
- Oils & vinegars
- Shortbread
- Crackers
- Mince Pies
- Pudding
- Jams
- Sauces
  Tea towels
  Prosecco
  Ham Bag
  Christmas Apron
  Coffee
  Bon Bons
  Assorted Teas
  Wine
  Gift Voucher
  Serving Plates & Glasses



### Nhat's On

# IGHTING

#### NDIS PLAN BOOTCAMP

Is your NDIS plan working hard to help you achieve your goals? It doesn't matter how your NDIS funding is managed, this practical workshop can help you be more confident about how your plan can work for you.

- Would you like to know more about what supports you can use?
- How to get the most from your funding?
- What are "reasonable and necessary" supports?
- How does the NDIS Price Guide support your goals?
- How do you turn \$\$\$ into supports?
- What innovative supports can help you achieve your goals?

#### **JOIN US AT A FREE** WORKSHOP

This is open for everyone with an NDIS plan, their families and carers. Pieta Manning will be running the workshop and is well known to the FIGHTING CHANCE family through the popular information sessions held at Frenchs Forest in 2015 and 2016.

Pieta brings a wealth of knowledge from her work as an independent Coordinator of Support for NDIS Participants and her consultancy work with numerous disability support organisations. Pieta is now a Community Organiser with Hireup, a role that allows her to continue to work with the community, sharing information to increase confidence and sound understanding of the National Disability Insurance Scheme.

#### **Tuesday 12th December** Jigsaw

- 22 Rodborough Road, Frenchs Forest
- Session 1: 10am 12pm
- . Session 2: 6pm - 8pm

#### Wednesday 18th December

- Avenue Botany Unit 4, 12 Lord Street, Botany
- Session 1: 10am 12pm
- Session 2: 6pm 8pm .



Pieta will be available on site in between these times on both days for any families who want more information / support.

RSVP: by Friday 8th December or phone intake on 0431 304 334



This event is proudly supported by Hireup



02 9905 0415 info@fightingchance.org.au www.fightingchance.org.au Building A, 5 Skyline Place, Frenchs Forest, Sydney 2086



Come and join the Hireup team for a fun and festive morning in the park!

Tuesday December 19 10:30am - 12:30pm Hallstrom Park - 13 Small St, Willoughby

To celebrate the festive season, Hireup will be hosting a BBQ, face painting, arts and crafts, and a treasure hunt. Plus, there'll be a surprise guest appearance!

This event will be a great way to connect with fellow Hireup users and local support workers before the busy Christmas break. Everyone is welcome: the more the merrier!

RSVP: melanie@hireup.com.au

