

5 NOVEMBER 2018

Term 4 Week 4

- 22 Nov—Cromehurst Charity Night
- 6 Dec—Graduation & Secondary Social Dinner
- 12 Dec—Xmas Concert
- 19 Dec—Last Day Term 4

Cromehurst News

Orange Class

It has been a great start to term 4 in Orange class. The students are working hard and continuing to show dedication and resilience to their busy schedule.

This term in our Science and Geography sessions we are learning about Australian Animals. Each week the students are engaged in an interactive lesson about the different classifications of Australian animals – Mammals, Marsupials, Reptiles, Monotremes, Reptiles and Birds.

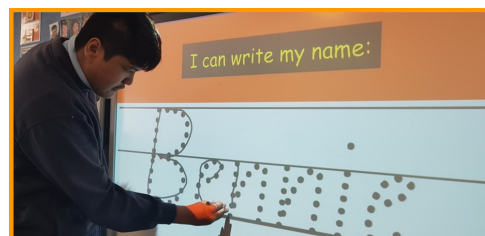
Our cooking continues every Thursday morning making Nutella Triangles. This term we are happy to welcome back Tahani from maternity leave who is teaching the class during these sessions.

On Fridays the class is accessing the community in two groups. One group is using public transport, riding the train along the North Shore Line to access local parks to have morning tea. The other group is travelling on the school bus to access local national parks to explore the bush trails whilst looking for Australian Animals.

With the descent to Christmas well and truly started, we are all looking forward to the upcoming exciting activities and events this term being the Christmas Concert and Graduation & Secondary Social Event.

We would like to take this opportunity to congratulate the students of Orange class for all their efforts and achievements in 2018. We are very proud of all of you and we thank you for making 2018 a super year!

Nicola & Susan



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Principal's Message

Welcome to week four

Last Wednesday we had a very busy day at school as we all worked together to capture the best overview of our students and school routines in a new school promotions video. It was an exercise in very tight scheduling and organisation but it went very well and we are on schedule for it to be ready in time for our inaugural fundraising cocktail party on 22 November. This fabulous charity cocktail night is only a couple of weeks away and looks like being a very glamorous and enjoyable evening. We are fundraising to assist us in the replacement of our school bus as well as the purchase of assistive technology for our students. We would love you to come and please share this invitation amongst your network of friends, family and business associates. Tickets can be purchased through the EventBrite link in the attached invitation on the next page and if you cannot make it you can still make a donation (all donations over \$2.00 are tax deductible) or participate in our fabulous silent auction at www.galabid.com/cromehurst.

Unfortunately, this event takes place whilst I am on leave and I am very disappointed I will miss it but my leave was organised over 12 months ago and cruise ships wait for no-one regardless of the reason. I look forward to some great photos of the evening. Please help out as much as you can by spreading the word, coming along if you can or even just a

small donation through Galabid - every little bit helps! I have included another copy of the invitation on the next page.

Over the last week I have been involved in professional learning events which have been of high relevance to our school. I attended a state principal conference which focused on the themes of resilience in students, latest instructional research and the effective use of technology to improve all students' outcomes. Although aimed at general education it raised some interesting discussion points and validated what special education settings do every day.

On Monday, I attended a mental health conference related to students with disabilities which provided information and research which related directly to the second direction of our school plan. As you are aware we have been a MindMatters School since 2015 to promote and sustain positive mental health in our school environment. On 1 November, A new program "The National Education Initiative" which combines KidsMatter, MindMatters and Headspace school support was launched. It is to be known as : "Be You" and is a framework to support students from 0-18 in approaching student wellbeing and mental health delivered by Headspace in schools in partnership with Beyond Blue and Early Childhood Australia. As a MindMatters school we will automatically transfer over to the new Be You program



which will provide access to new professional learning programs and resources to support students of all ages. We will provide more information following the transfer which will include resources and information for families and school communities.

Finally, last Friday summer forced its way out from the dismal weather we have had and provided us with an intense heat which can pose a risk to our students on the playground and during community access. Please be assured that when the temperature reaches levels such as these we call wet weather for recess and lunch to ensure our students do not overheat. It is also the time we once again ask you to apply sunscreen to your child before they leave home and permission for us to reapply sunscreen during the day. We purchase sunscreen from the Departments supplier but if you elected at the beginning of the year to supply your own sunscreen please make sure your child's teacher has an adequate supply.

Christine



CROMEhurst CHARITY NIGHT



A fundraiser for the
children and families of Cromehurst School

NOVEMBER

22

7:00 PM

Surry Hills
Cocktail & Lounge Suit



Register now!

<https://cromehurstcharitynight2018.eventbrite.com.au>

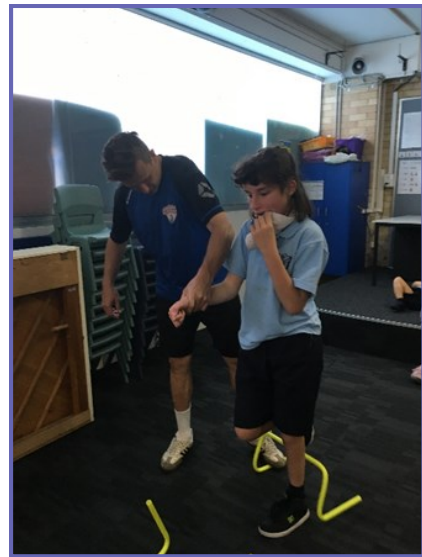
Can't make it on the night? You CAN still play a part!

VISIT: www.galabid.com/cromehurst

Contact: cromehurstfundraising@gmail.com

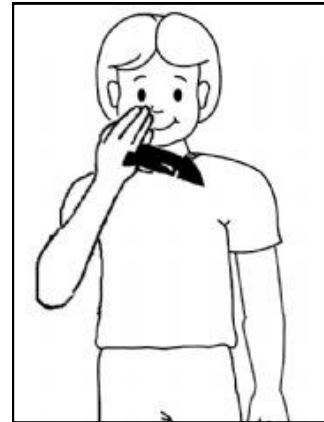
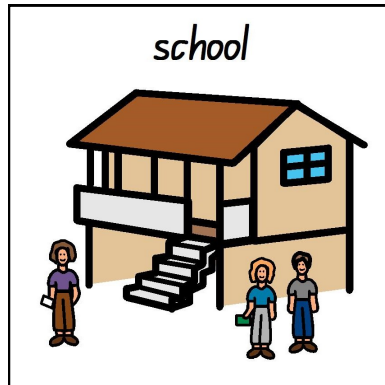
Special Olympics

Primary school enjoy Special Olympics every Friday afternoon. Our coach is James and he brings equipment along for us to participate in focusing on sport. The activities set up in Special Olympics are obstacle course, ball and batting skills and parachute games. Here are some photos showing how all the students enjoy Special Olympics.



SIGN OF THE WEEK

school



Hold hand flat, palm towards face, fingers pointing upwards. Starting in front of face at one side move hand across, or at side of face, twice.

Live Life Well @ School

HEALTHY SCHOOL CELEBRATIONS



From birthdays to holidays, there are many celebrations in schools. Each student's birthday can mean multiple birthday cakes and party foods in the classroom...

Let's help kids celebrate with some FRESH ideas:

Hello Creativity

Make a birthday sign, stickers or a badge for your birthday boy or girl to wear

Eat a Rainbow

Pack a NEW fruit or vegetable for Crunch & Sip for the whole class to try or send in fruit kebabs or a fruit platter

Move More

Think of presents that help kids get active at recess or lunch – balls, frisbee, skipping rope

Mini Masterchef

Whip up some tasty fruit or veggie mini muffins or pikelets. Search for recipes at www.cancercouncil.com.au

More tips:

www.healthykids.nsw.gov.au



Health
Northern Sydney
Local Health District

my **choice** matters

A project of Council for Intellectual Disability

Living Life
My Way



What makes a good life for you?

We have a free, fully accessible workshop coming up for people with a disability, their families/carers, and people working in the sector, so make sure you register now!

My Choice Matters workshop:

- Take home tools to prepare for a good life
- Practise setting goals
- Understanding the NDIS process

The workshop will be presented in English and interpreted into Mandarin. Everyone is welcome.

Where:

Epping Community Centre
9 Oxford St
Epping
NSW 2121

When: Friday 16 November

Time: 10am – 2.30pm

If we can provide any support for you on the day please let us know.

Refreshments and lunch are provided for those who register.

Please contact us if you have any questions. We look forward to talking with you!

Phone 1800 144 653

Email info@mychoicematters.org.au

KIDSFLIX BROOKVALE



The Nutcracker and the Four Realms or The Grinch

**Hoyts Cinema Warringah Mall
Condamine St & Old Pittwater Rd
Brookvale NSW**

Please return this form or book online at
www.kidsflixbrookvale.eventbrite.com.au
By Friday 23rd November 2018

SATURDAY 8th DECEMBER 2018
Entertainment from 9am
Movie screening begins at 10am

Kidsflix Ticket Office:
118 Richmond Road Marleston SA 5033
Phone(08) 8423 0949 Fax(08) 8379 5707
Email: kidsflix@arthritissa.org.au

BOOKING FORM

Name of organisation that you received this invitation from?

Movie Choice (please circle): The Nutcracker The Grinch

I would like if available; _____ Adult tickets, _____ Child/ren tickets
(Babies in arms do not require a ticket)

Of these I require _____ wheelchair space/s. Name of person in wheelchair _____ child/adult.
Able to transfer to a theatre chair? YES/NO (please circle)

Name of parent/carer attending with children: (tickets will be emailed or posted to this person)

Address: _____

Suburb: _____ Postcode: _____ State: _____

Phone: _____ Email: _____

I give permission for my family to be photographed/filmed at Kidsflix Brookvale 2018. I understand my family may be on the Arthritis NSW or SA website, newspaper, magazine, flyer, television to promote Kidsflix.

Yes I give permission ☐ No I don't give permission ☐

I understand that I am responsible for the safety, welfare and whereabouts of all children attending in my care at all times during this event and that at no times will the event organiser or venue be held responsible and accountable for them

Signature of parent or carer: _____ Date: _____



Or book online at:

www.kidsflixbrookvale.eventbrite.com.au

