

14 NOVEMBER 2022

Term 4 Week 6

- 24 November - Graduation & Secondary Awards Dinner
- 8 December - Christmas Concert
- 16 December - Last day of Term 4 for students
- 19 December - Staff Development Day
- 20 December - Staff Development Day
- 31 January 2023 - Students return for Term 1 2023

## Cromehurst News

### Principal's Message

Last week we were fortunate to have a visit from four firefighters from Gordon Fire Station as part of our primary students' unit on "people who help us". The students listened and participated in a fire safety talk and then were then shown the fire truck. I have included some photos of the visit later in this edition.



NSW Health have recently advised the Department that we are already starting to see a rise in COVID-19 transmissions within the community, with a peak of cases expected in early December. All schools have been strongly encouraged to continue to reinforce the importance of the Department's COVID-smart measures to students, parents, carers and staff. I have included an information flyer the Department has released in regard to COVID-smart measures for the remainder of this year. In summary the following measures remain:

- staying home if unwell and/or showing any symptoms;
- mask-wearing strongly encouraged, particularly when indoors and/or when physical distancing is not possible, and on public transport;
- continued mandatory mask-wearing for anyone working with students at greater risk of serious illness whether they be in an SSP, support unit or mainstream classroom;
- using rapid antigen tests (RATs) when showing symptoms or exposed to COVID-19;
- encouraging all students, staff, and families to keep up-to-date with their vaccinations, including COVID-19 booster shots if eligible;
- continuing to report any cases of COVID-19 in staff in any setting and students in SSPs, support units, boarding schools and on overnight excursions to the Incident Notification and Response Hotline on 1800 811 523. NSW Health are also encouraging everyone in the community to continue to register positive RATs with Service NSW to ensure they receive timely support and advice, including access to antivirals for those eligible.

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## Principal's Message (continued)

In line with this, we will be sending home additional RATs to families to test students should they become ill or exposed to someone with COVID 19. Please let us know if you do not wish to receive them.

Last week we had a taste of real spring weather. Along with the warmth however comes the risk of skin damage from ultraviolet radiation. All people in NSW, regardless of their culture or heritage, are at risk of overexposure to ultraviolet radiation from the sun. By the age of 15 many children have developed irreversible skin damage from exposure to the sun. While skin cancer is the most common cancer in Australia, it is estimated that 95% of skin cancers can be prevented through reducing exposure to ultraviolet radiation. In line with this we request that you apply sunscreen to your child each morning, we will provide sunscreen for reapplication during the day. If you wish your child to use their own sunscreen, please let your child's teacher know and ensure it is replaced when empty. Along with radiation we also need to avoid heat stress for our students and staff so ensuring your child has their own water bottle to refill during the day would be helpful. In extreme heat or poor air quality students will remain in their classrooms at recess and lunch for their health and safety.

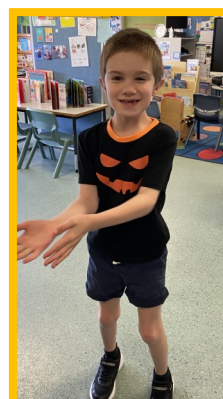
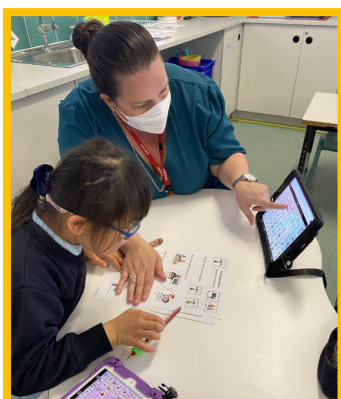
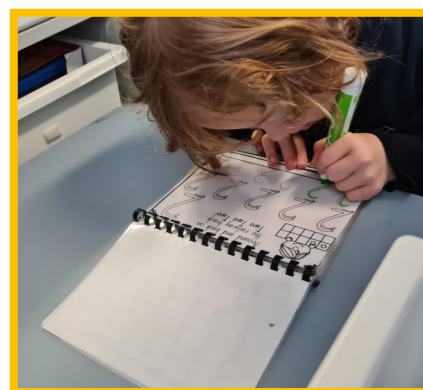
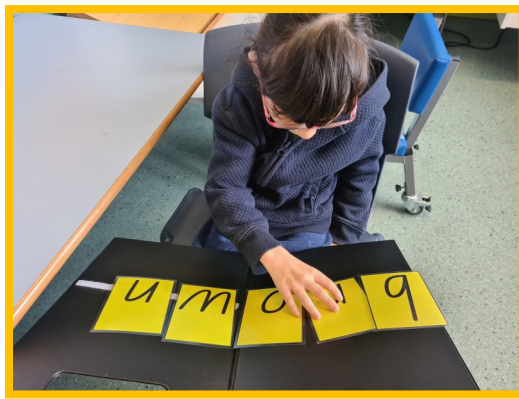
Finally, don't forget to save the date for our Christmas Concert which will be on Thursday 8 December. A formal invitation will be sent home this week.

Christine

# Orange Class

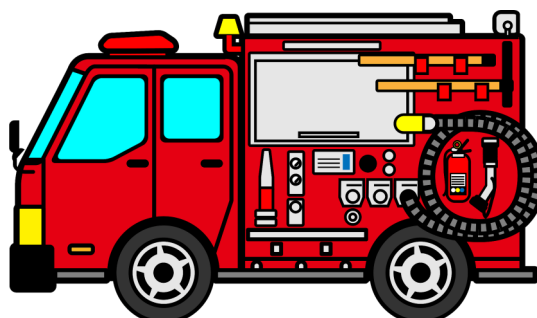
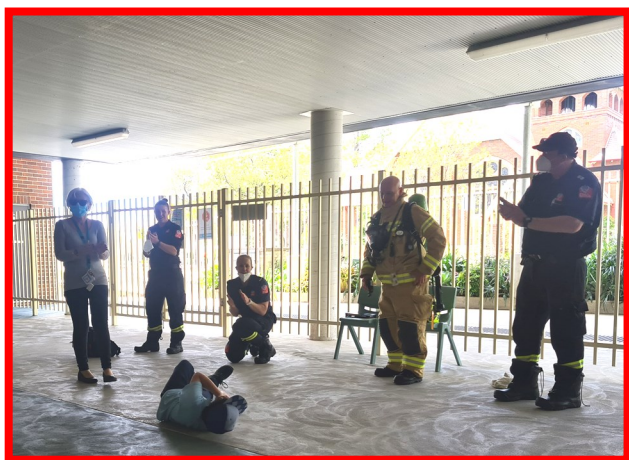
As you can see in our photos, we have been working hard, learning maths, spelling, handwriting and art. We have also enjoyed integration, the fire truck visit and practising road safety. We are looking forward to learning about Christmas around the world starting this week and decorating our Christmas tree.

Melinda and Camille





# Fire Truck Visit



## CHRISTMAS CONCERT

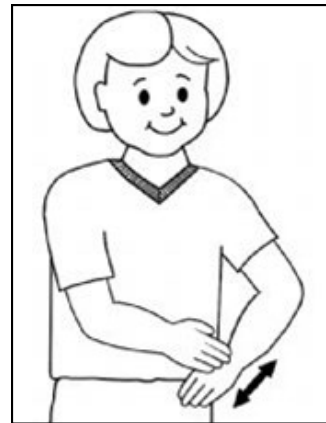
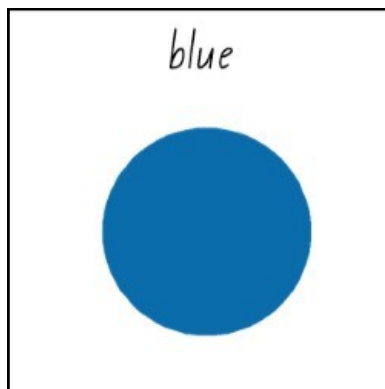
Please save the date for the Cromehurst School Christmas Concert to be held at school on Thursday 8 December.

An invitation will be sent home this week.



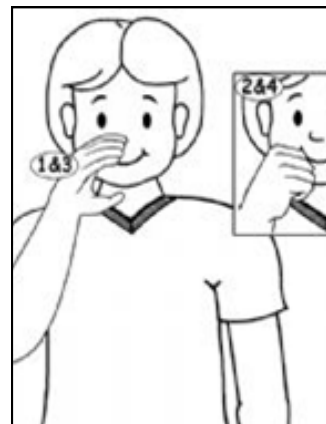
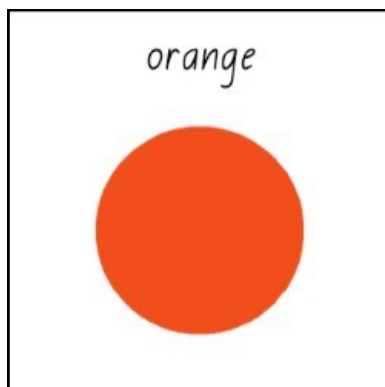
## Signs of the Week

blue



Rub back of wrist back and forth with fingertips twice.

orange



Bunched hand opens and closes near mouth, as if squeezing.





Live Life Well  
@ School

## Crunch&Sip®

- Crunch&Sip® helps students perform better at school.
- A structured break lets them rest and refuel on fruit, vegetables and water!

More information: [www.crunchandsip.com.au](http://www.crunchandsip.com.au)



**CROMEhurst SCHOOL**

Term 4 Week  
07 - 11 Nov 2022

**Assembly Awards**

Name	Class	Awarded For Learning Together
Sherlyn	Aqua	For wonderful singing during morning circle
Juliana	Orange	Lovely dancing - following actions to the songs
Thomas	White	For being super focused during literacy and numeracy desk work
Sam Y	Yellow	Being kind to others in the playground
Lucy	Blue	Sharing her news and answering lots of yes/no questions about
Stephanie	Green	Fantastic contribution to cooking lessons
Sevene	Pink	Independently verbalising her friends' weekly schedules

Name	Class	Awarded For Being Safe
Saskia	Music	For listening and staying with her buddies during our visit to Willoughby Public School

Name	Class	Awarded For Being friendly
Noah	Red	Sitting calmly through the whole assembly
Sean	Pink	A happy friendly start to your time at Cromehurst

# COVID-smart measures for schools

Information for parents, carers and students



We know that being together in the classroom is the best thing for our students' learning, growth and welfare. This term we will continue to implement several measures to allow us to prioritise both the wellbeing of our students and a consistent and productive learning environment.



## Stay home if unwell

- If your child is unwell, you must keep them at home. If they are displaying COVID-19 symptoms, they should take a COVID-19 test (PCR or RAT) and follow the advice from the NSW Government on [managing COVID-19 safely at home](#)
- Your child should only return to school when they are symptom free.



## Vaccinations

- Vaccinations for COVID-19 and other viral illnesses are one of the best ways of protecting yourself, your family and the community. Vaccination is a safe and effective way to give your immune system a helping hand against many illnesses.
- All eligible students and staff are strongly encouraged to keep up to date with their vaccinations to protect their health.
- All staff working in schools for specific purposes (SSPs) are required to be double vaccinated against COVID-19 or hold a valid medical contraindication.



## Rapid antigen testing

- Rapid antigen tests (RATs) should be used if your child is displaying COVID-19 symptoms.
- Students who test positive to COVID-19 are encouraged to notify their school and register their positive test results with [Service NSW](#) to have access to timely advice and support from NSW Health.
- Schools will maintain a reserve stock of rapid antigen tests onsite for surveillance testing purposes in the event of an outbreak.



## Hygiene and cleaning

- Students are encouraged to regularly wash their hands with soap and warm water, and to use personal protective equipment as required.
- Boosted day cleaning of schools will continue on high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways.



## NSW Department of Education



### Ventilation

- Fresh air is the most effective form of ventilation to minimise the risk of transmission.
- During the warmer months, cooling will be used together with ventilation methods to balance thermal comfort.
- All learning spaces in government schools have been checked to ensure appropriate levels of ventilation and air purifiers have been provided where needed.
- Using outdoor spaces will continue to be encouraged where possible.



### Masks

- Mask-wearing is strongly encouraged where possible for all students, staff and visitors, particularly indoors and/or when physical distancing is not possible, and if they have been exposed to COVID-19.
- Mask-wearing is required at all times for staff, volunteers and other workers who support our students who are at greater risk of serious illness should they contract COVID-19, whether they be in schools for specific purposes (SSPs), support units or mainstream classrooms.



### Visitors

- Visitors can attend school sites regardless of their vaccination status.
- Visitors who are engaging directly with students in certain higher-risk settings for school operations and curriculum delivery and allied health partners for the wellbeing of students, may be required to wear masks.



### Activities

- Health and safety risk assessments will be integrated when planning activities, including excursions and overnight camps.
- Parents and carers will be made aware of the risk of exposure and will need to give permission for certain activities.



### Responding to local situations

- Schools will work with the department's Health, Safety and Staff Wellbeing case management team to respond appropriately to local situations, including outbreaks of viral illness.
- In some cases, schools may temporarily introduce additional measures as a 'circuit breaker', including requiring mask-wearing, postponing or limiting non-essential activities and directing cohorts to learn remotely.



### Learning remotely

- Schools continue to have access to digital, guided and printed learning resources to support students who need to learn remotely.

For more info, visit [education.nsw.gov.au/covid-19.advice-for-families](https://education.nsw.gov.au/covid-19.advice-for-families)

### Telephone interpreter service

If you need further information please call your school principal. If you need an interpreter to assist you with your enquiry please call the Telephone Interpreter Service on 131 450 and ask for an interpreter in your language. Tell the operator the phone number you want to call, and the operator will get an interpreter on the line to assist you with the conversation. You will not be charged for this service.

The NSW Government is committed to ensuring school operations continue while prioritising the safety and wellbeing of students and school staff.



## **Save The Date!**

**The Northern Sydney Expo** for people with a disability



**Date: Thursday 4<sup>th</sup> May 2023**

**Venue: The Concourse Chatswood**

**Stall holders will include service providers for:**

- • SLES (School Leavers Employment Support)
- • Social and Community Participation
- • Support Coordination
- • Plan Management
- • Disability Employment Services (DES)
- • Australian Disability Enterprise (ADE)
- • Education
- • Apprenticeships and Traineeships
- • The National Disability Insurance Scheme (NDIS)

**Registrations for providers will be in February 2023**

Please address enquiries to:

Kerri Sommerville, Jobsupport

0488 554 325

[ksommerville@jobsupport.org.au](mailto:ksommerville@jobsupport.org.au)