

16 OCTOBER 2023

Term 4 Week 2

- 23-25 October - Cromehurst Cottage Open Day (3pm-4:45pm)
- 20-25 November - Creative Arts Week
- 21 Nov - Variety Christmas Party
- 30 Nov - Graduation & Secondary Awards Presentation Dinner
- 6 Dec - Christmas Concert
- 11 Dec - Primary Awards Assembly

Cromehurst News

Principal's Message



Welcome to Term 4 Week 2.

It was lovely to see all students settled back into their classrooms for Week 1.

The students who have just moved to new classes or become a new class member are settling in well to their new rooms. The photos below show these students participating in many lovely classroom experiences for the start of the term.



Special events in Term 4:

Tuesday 21 November — **Variety Christmas Party** at Darling Harbour for some primary classes and a special Christmas party at school for the remainder of primary.

20-25 November — **Creative Arts Week**

Thursday 30 November — **Graduation & Secondary Awards Presentation Dinner** to farewell our Year 12 students and recognise the achievements of our secondary students.

Wednesday 6 December — Keep this date free to come and see our wonderful **Christmas Concert**. The students will start practising for the concert soon, we always enjoy the parents coming to watch the concert.

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The Cromehurst Cottage is right next door to our school. Students are able to go there straight from school, have an afternoon tea or have dinner and stay overnight. Then they walk with Kylie to school the next morning. Kylie is a lovely lady who runs the Cottage. The Cottage allows our students to practise social skills and living skills. They learn to set the table, wash the dishes, make their beds and help with dinner. It is very exciting that Kylie is having open days on 23, 24 and 25 October, from 3pm to 4:45pm. All parents are welcome to visit the Cottage and meet Kylie. Any questions, please call Kylie on 9416 1810 or email her at cromehurstcottage@gmail.com.

Principal News (continued)



We are continuing our wonderful Integration program for Term 4. Integration experiences produce genuine friendships between the schools, development of social interactions, appreciation of the diversity of others and provide valuable life experiences. For Term 2 and 3, Yellow class went on a weekly excursion to visit a Year 2 class at Willoughby Public School. This Wednesday the Year 2 class are coming to play with Yellow class at our school. The staff are looking forward to having the Year 2 students come and enjoy fun activities together here at our school.

Thank you to Naomi who has been wonderful in implementing an exciting new project for the senior school. Naomi has introduced a new initiative called the Return & Earn project. This program focuses on recycling and how to help recycle and be environmentally friendly. All students are enjoying participating in this program. More information later in the newsletter.

Our school is listed as Category 3 on the NSW Department of Education's bushfire risk register. To support the health, safety and wellbeing of our students and staff, our school, in consultation with the NSW Rural Fire Service, has developed a Bushfire & Grassfire Response Plan. We recommend that you stay up to date with bushfire and grassfire activity by using the Hazards Near Me app. We have set a watch zone for our school area on this app. If a fire is close to the school, and/or the fire danger rating is catastrophic, we may need to temporarily cease operations. Schools may be directed to become non-operational at any time based on advice from the State Emergency Operations centre. *Parents are requested to provide up to date home and after-hours contact details to the school.* Find more information and resources on Fire Danger ratings and how to prepare your home from bushfires and grassfires on the NSW Rural Fire Service website at www.rfs.nsw.gov.au. The NSW rural fire service recommends that you make a fire plan, and ensure your family knows what to do if there is a fire - visit <http://www.myfireplan.com.au/>. If you have any questions in relation to our Bushfire & Grassfire Response Plan please call the school.

I would like to welcome Ankea to our school. Ankea has come from Germany and will be supporting all our classes at school until the end of term. We are very lucky to have Ankea here.



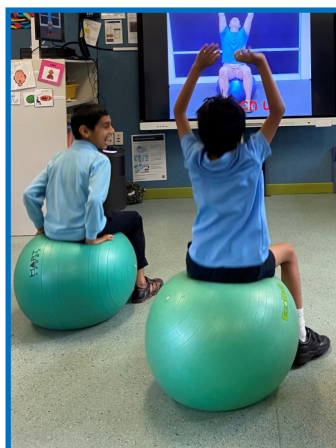
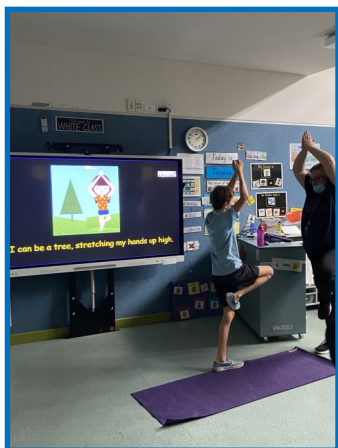
And welcome to our new teacher Alicia who will be working at Cromehurst every Thursday and Friday.



Melinda

Fitness and Yoga

At Cromehurst we do yoga, practise ball skills, use the exercise equipment and many other different forms of fitness. Fitness helps us stay healthy and strong!



Rainbow Class

Rainbow Class is spending the first 5 weeks of Term 4 at the beach! We are talking about being safe at the beach and have practised Slip, Slop, Slap, Seek and Slide. Henry, Nevaeh and Holly enjoyed counting shells on the beach and sorting big and small shells. Josephine wasn't quite sure about having her feet in wet sand and Nevaeh liked having the sunglasses on when looking at the sun. Saskia used watercolours to independently paint a sunny day at the beach. Through our sensory story *Sometimes the Beach* we will be experiencing sunny, cloudy and stormy days at the beach each week. We are hoping to have a class excursion to Collaroy Beach Park to enjoy a day at the beach.

Henry, Holly, Josephine, Saskia, Nevaeh, Camille and Lani



General News

Following the Bunnings BBQ Fundraiser last term, some Tupperware containers have been left at school. Please contact the office if any of the containers in this photo belong to you.

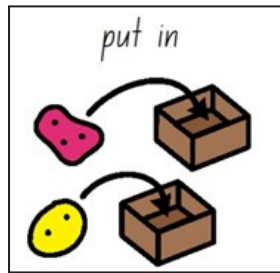
Thank you!



General News

Sign of the Week

In



Hold hand flat, palm down, fingers pointing sideways a generous distance in front of stomach. With your other hand flat, palm down and fingers pointing forward, dip hand under first hand in an arc so that fingertips emerge from under the palm of the first hand and back of hand slides against palm.

School Bytes Parent App

We're thrilled to share that School Bytes has now launched a Parent App! Parents can immediately download and start exploring its features.

Visit the following link for instructions on accessing School Bytes - [How to access School Bytes](#)

School Bytes Parent App Available now!

Key Features

- Get real time push notifications from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Give consent, sign forms and respond to attendance alerts
- View the school calendar and news



Return and Earn

Creating Change through Return & Earn for our School and Community



Welcome to Return & Earn at Cromehurst School Term 4 2023!

Cromehurst staff and students are pleased to introduce **Return & Earn** at our school. As a whole school, we are proud of implementing the Return & Earn scheme for our students' hands on learning and are committed to reducing waste for our community and its landfill.

Each week senior students place recycling tubs in the playground and collect eligible containers from other classes and the staffroom to empty and sort for recycling.

Since setting up a trial run with the program in June, the school has collected and recycled over 700 plastic bottles, cans, and poppers. The program has raised over \$70 so far which will be used to fund and support other learning outcomes/projects such as our canteen, cooking and shopping programs.

We would like to invite our school families and extended community to *scan our Cromehurst barcode* that is included below, to start recycling with us. All donations received through Return & Earn will be put back into school programs for the betterment of all our students and their learning. You can click on the link to find out more <https://youtu.be/OYDROMQIDbU>.

Please note that *we are not a collection point at school*; so rather than dropping off bottles and cans at school, please take them directly to a collection point near you, scan the barcode for our school at the machine and recycle your collected items. You can find your closest collection points here <https://returnandearn.org.au/return-points/>.

We will update you of our ongoing successes each term and we are looking forward to what Return & Earn can bring to our school. We are very excited to kick start and share this wonderful opportunity with you all.

Let's get recycling today!

Hi Cromehurst!

Ready to recycle?



Scan your barcode at the machine

Return and Earn



My recycling is having a positive impact

Return and Earn superstar

Cromehurst School

has recycled **702 containers** which is equivalent to

Water
savings



458

minutes
in the shower

Energy
savings



960.3

hours
powering my tv

Landfill
savings



42.12

kilograms
going from landfill

Carbon emissions
avoided



333.62376

kilometres
of driving avoided

12th Oct 2023

www.returnandearn.org.au



Carer's Pamper Day 2023



Carers' Pamper Day

A 2023 Carers' Week Event

To show our appreciation for your efforts as carers in our community, we would like to invite you to a special event coordinated by Gordon-Pymble Uniting Church, Ku-ring-gai Council, Uniting, an NDIS partner in the community & Carer Gateway - Your Side.

Thursday 19TH October - 10am-2pm

Pamper yourself with 2 free sessions - choose from massage, facial, mini manicure, or reflexology.

You can also enjoy a group meditation session and visit the information Help Desks.

Light morning tea, lunch and refreshments provided

Childcare provided but must be booked in advance.

Where
Gordon-Pymble Uniting Church
 18 Cecil St
 Gordon (opp Ravenswood School)

To book call
 9424 0970 or 0474 931 178
 Email: lli@krg.nsw.gov.au



Plus Specialist Behaviour Support

Plus⁺ Clinical

At Plus, we believe that with the right support, everyone can participate in society and make their contribution.

We are introducing a suite of allied health and clinical services, specialising in people with complex behaviours.

These services wrap around our life skills day program and can be accessed on an individualised, hourly basis. You do not have to be a Plus day program participant to become a Plus clinical client.

Our services includes:

- **POSITIVE BEHAVIOUR SUPPORT**
- **OCCUPATIONAL THERAPY (COMING SOON)**
- **SPEECH PATHOLOGY (COMING SOON)**



POSITIVE BEHAVIOUR SUPPORT

Person-centred and evidence-based, our positive behaviour support service aims to shift the dial for people living with complex behaviours, so that they can realise their potential and participate fully in society.

We believe that establishing exceptional rapport is the key to unlocking improvements in quality of life, while minimising behaviours of concern.

CONTACT US

T: (02) 9905 0415

E: hello@plusdisability.com.au

W: plusdisability.com.au/plus-clinical

Unit 5a, 10 Rodborough Rd, Frenchs Forest

Plus is a social enterprise empowered by Fighting Chance. Fighting Chance builds social businesses to create a truly inclusive economy where people with disability have unbridled access to opportunity, dignity and prosperity.

Empowered by
**FIGHTING
CHANCE**

Plus Specialist Behaviour Support



TRANSITIONING FROM SCHOOL

can be hard for everyone involved, especially if your child displays challenging behaviours, or behaviours of concern.



Plus is a day program for people with complex behaviours with a wrap-around team of Behaviour Support Practitioners. We've helped many young people and their families navigate the NDIS planning process and acquire the Behaviour Support funding they need to thrive in post-school environments.

In school, your child may have had a behaviour support plan written by psychologists or specialists employed by the school, and specifically tailored to the classroom environment. When school ends, their world will change just when they need the support the most.

Plus clinical

Our Behaviour Support Practitioners, part of Plus Clinical, understand how hard the transition is, and have capacity now to discuss your person's post-school behaviour support needs.

For more information about our practitioners or to make a booking go to:
www.plusdisability.com.au/plus-clinical

Plus day program

If your child's post-school journey is still unclear, that's ok! We'd love to give you a tour of Plus' day program and speak with you about a program tailored to their goals, interests and support needs.

Give us a call on 1300 166 715 or email:
cel.frenchsforest@plusdisability.com.au
or go to: www.plusdisability.com.au

"Finally we have found a place, post school, where Lili really belongs!"

Margaret
(mum of Plus participant)

Plus is a social enterprise empowered by Fighting Chance. Fighting Chance builds social businesses to create a truly inclusive economy where people with disability have unbridled access to opportunity, dignity and prosperity.

Empowered by
FIGHTING CHANCE