

31 MARCH 2025

Term 1 Week 10

- 2 April—School Walkathon
- 11 April—Last day of Term 1
- 30 April—Students return for Term 2

Cromehurst News

Principal's Message



Welcome to Term 1 Week 10

School Walkathon – This Wednesday 2 April

I am excited to announce that our school will be hosting our Walkathon this Wednesday to raise funds for sensory equipment and resources for our new modular classrooms, that will greatly benefit our students with high support and complex needs. All students will participate in the walkathon to the best of their ability. Newington School will be joining us for support. Thank you!

We kindly ask that each student reach out to family and friends for sponsorship. Additionally, we encourage siblings and grandparents to get involved by asking their friends for sponsorship as well. Every contribution, no matter how small, will help us reach our fundraising goal and provide our students with the sensory tools they need to thrive.

Please see the Walkathon flyer later in the newsletter. We'd love to see families use the QR code or website to donate! Thank you so much for all of your support.

A Generous Donation to Support Our New Modular Classrooms from Luz All Abilities

We are thrilled to announce a generous contribution from Luz All Abilities (see their brochure below) who have kindly donated sensory equipment to enhance the learning experience for our students. The donation includes a Lycra swing, Lycra crash mat, and a tyre tube cover – all brand new items that will be invaluable in supporting our sensory needs. We truly appreciate their thoughtful support and commitment to making a positive impact on our school community. Thank you for helping us continue to create a welcoming and inclusive learning environment for all of our students. Luz All Abilities provides early intervention, after school care, weekend programs, and school holiday care. For more information visit www.luzallabilities.com.au

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Principal Message (continued)

A Generous Donation to Support Our New Modular Classrooms from Bunnings

We are also thrilled to announce a generous contribution from the Bunnings Chatswood store who have kindly donated gift vouchers to go towards our modular classroom buildings. We appreciate your support and commitment to making a positive impact on our school community.

NDIS Support

A free webinar (Navigate NDIS employment supports with confidence) is available for all parents/guardians on planning for employment, NDIS funded supports, preparing for your planning meeting, connecting with providers and information on other supports and services. Here is the link:

<https://events.humanitix.com/navigate-ndis-employment-supports-with-confidence-employment-supports>

Please find later in this newsletter a NDIS roadmap to support.

External Post School Expo

Please see the flyer later in the newsletter for the Post School Expo to be held on 7 May from 10.30am-2.30pm at Hornsby RSL. This event provides an excellent opportunity for families to meet and obtain information regarding service providers for students with disabilities in post-school life. Please try to find the time to attend as the information you obtain will help guide your child's individual program goals.

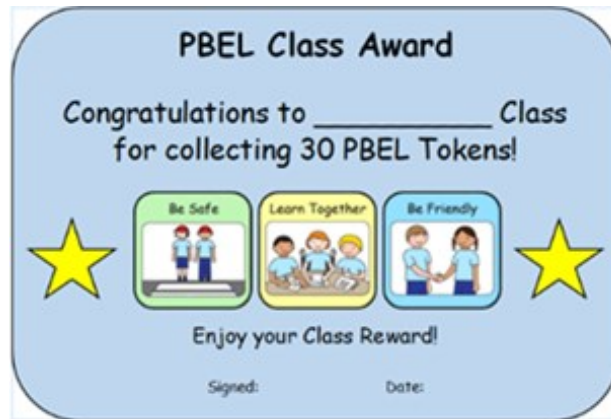
Students enjoying Harmony Day and Crazy Sock day



Principal Message (continued)

PBEL Class award

All classes are working on receiving coloured tokens in class for being safe, learning together and being friendly. Tokens are accumulated in class and represented on a star chart. The class then decide upon a reward that they will receive when the star chart is filled. Their success will also be acknowledged and celebrated with a PBEL Class Award! I am pleased to congratulate Yellow and Pink classes for receiving their PBEL Class Award! Well done!



Special Principal mention:

Congratulations to Gelo, our school captain, for representing Cromehurst School at the Student Representative Council meeting at Roseville Public School. We're all very proud of you!

Principal's Award

This week the Principal's Award went to Ava (our School Captain) from Blue class for good work in mathematics during work time. Well done Ava!

The Principal's Award also went to Kai for going on the bus to Return & Earn We are all so proud of you Kai!



Melinda

Pink Class

Pink Class have all settled back into school and have been very busy working with all senior classes combining to do sciences, simulated shopping and special Olympics.

As told by the students themselves:

“I like doing Art with Claire” Tom

“I’ve liked playing Tag at Special Olympics” Thomas

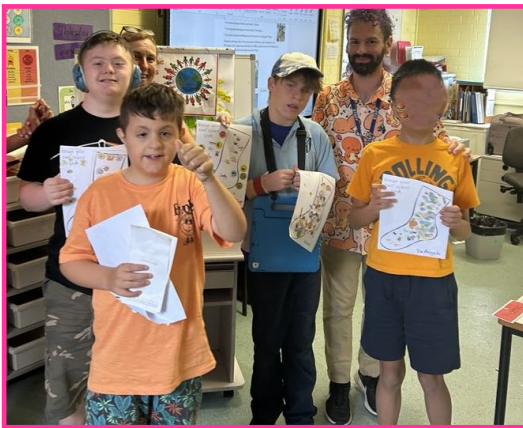
“I’ve been trying hard to match money” Alex

“I’ve loved going to Return and Earn” Conor

“I’ve enjoyed learning new work skills” DeAngelo

“I’ve really enjoyed walking around the school doing jobs” Sam

Overall, we have had a very busy term settling in and working on our ITP goals. Our class has achieved our PBEL reward chart of 20 tokens, so for all our hard work we had a pizza party.



CROMEhurst SCHOOL

Term 1 Week 9
24—29 March 2025









Assembly Awards

Name	Class	Awarded For Learning Together
Juliana	White	Writing her sight words independently
Shinji	Aqua	Walking 30 steps independently at the park
Jonathan	Yellow	For completing his counting to twenty work sheets independently
Thomas G	Orange	For using Proloquo2go in maths so well
Adam	Blue	Great watering of the rainforest

Name	Class	Awarded For Being Friendly
Holly	Rainbow	Always greeting her teachers and classmates with a smile
Koa	Art—Primary	Always helpful in art class
Tara	Art—Senior	Asking her friends, “What’s your favourite colour?”

Name	Class	Awarded For Being Safe
Kaira	Green	Great transitioning to and from class
Lucas Ri	Yellow	Great self-regulation
Kai	Red	Going on the bus to and from Return & Earn

Cromehurst School Tuckshop

⇒ Popcorn	\$1.00	
⇒ Mini digestives	\$1.00	
⇒ Rice crackers/Vege/Pea chips (GF) ...	\$.150	
⇒ Sunbites	\$1.00	
⇒ Sultana snack pack	\$1.00	
⇒ Yoghurt pouch (Vanilla, Strawberry)	\$1.00	
⇒ Milk (Chocolate/Strawberry)	\$. \$1.00	
⇒ Fruit jelly cup	\$1.50	
⇒ Juice box (Apple, Orange, Tropical)	\$. \$1.00	
⇒ Sensory Toy (bubbles, slinkies etc) from	\$1.00	

Example



The Cromehurst tuckshop is operated and run by the students. As part of the school's curriculum, students are learning about stocking, marketing, the selling of goods and using money skills in a safe environment.



General News (continued)

Return & Earn

We would love for you to join us in recycling! Simply take a screenshot of this barcode and scan it at any Return and Earn Collection point to recycle your eligible bottles and cans.

Location of Return and Earn Collection points can be found on this website: <https://returnandearn.org.au/map/>

Thank you for supporting our school and the environment!





The poster features a bright yellow sun in the upper center, with the text 'CROMEHRST SCHOOL WALKATHON' in bold black letters. Below the sun is a dark blue rounded rectangle containing the word 'FUNDRAISER!!' in white, italicized, bold letters. In the middle, there are silhouettes of eight people of various ages and abilities walking or running on a green path. The background is a light blue sky with green trees on the sides.

CROMEHRST SCHOOL WALKATHON

FUNDRAISER!!

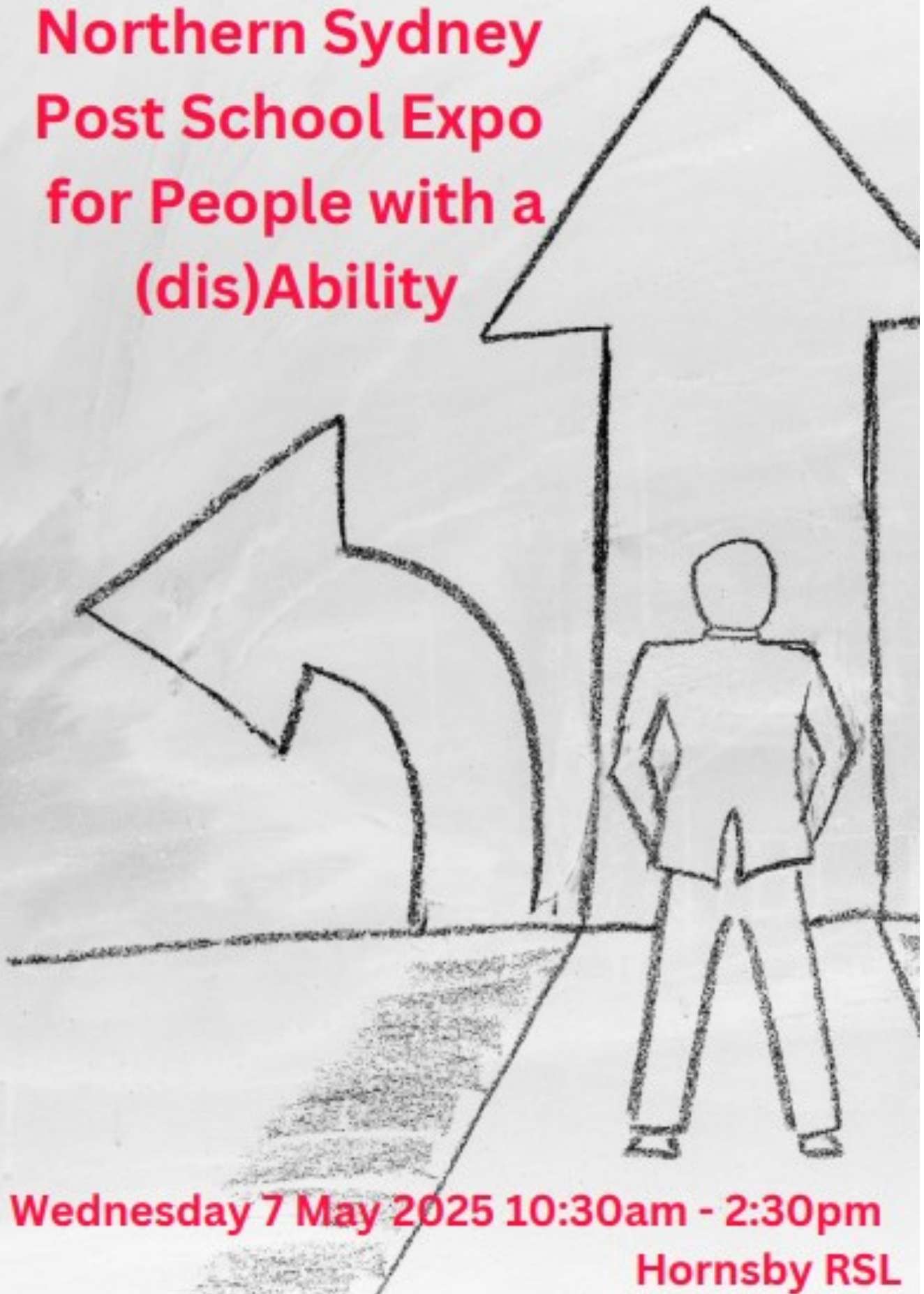
ON WEDNESDAY 2 APRIL 2025

OUR SPECIAL NEEDS STUDENTS ARE HOLDING A WALKATHON TO RAISE MONEY FOR MUCH NEEDED SENSORY EQUIPMENT AND TEACHING RESOURCES FOR OUR TWO NEW MODULAR CLASSROOMS. PLEASE SUPPORT OUR STUDENTS WITH A DONATION.

USE THE QR CODE OR VISIT
[HTTPS://WWW.TRYBOOKING.COM/AU/DONATE/CROMEHRSTWALKATHON](https://www.trybooking.com/AU/DONATE/CROMEHRSTWALKATHON)



**Northern Sydney
Post School Expo
for People with a
(dis)Ability**



Wednesday 7 May 2025 10:30am - 2:30pm

Hornsby RSL

NDIS Roadmap for School Staff



NDIS engages partner organisations to administer the NDIS.

Partners support people with disability and their families learn about and access the supports available in their community.

If a student is not eligible for a funded plan, partners can also support by develop a

Community Connections plan to help them make the most of their mainstream and community supports.

Families may require a **Support Coordinator** to navigate complex barriers that affect their ability to access the right supports.

See **NDIS Factsheets** for more information about the NDIS.

Need a NDIS plan?

NDIS eligibility checklist

- Child younger than 6 with developmental delay. No diagnosis required. Contact the Early Childhood (EC) partner.
- Child younger than 9 with a diagnosis. Contact the Early Childhood partner.
- Over 9 with a diagnosis. Contact the Local Area Coordinator (LAC) partner.

Find the [NDIS offices and contacts in your area](#) OR call 1800 800 110

Need a NDIS reassessment?

NDIS participants have a contact person listed as 'My NDIS Contact' on page 1 of their plan or online portal. This person, your local area coordinator (LAC) or EC, is your NDIS partner. They will help participants to:

- make connections to mainstream and community services in your area
- apply to the NDIS**
- if you are eligible, **use your NDIS plan**
- if you ask for **changes to your plan**
- prepare for a **plan reassessment** when your plan is ending.

Find the [NDIS offices and contacts in your area](#) OR call 1800 800 110

Support a family to create a strong NDIS access request or reassessment

The NDIS determines support based on the **Functional Impact** of a child's disability, on their day-to-day life, across six areas. You can support a family by:

- providing **evidence** of impact and **factsheets** to assist with the process.
- Link them to their 'my ndis contact', LAC, ECP or planner

This **evidence guide** lists documents that schools may provide to support families' applications or reassessments, with Principal approval.
Note: schools are not required to fill out forms, write letters or reports for the NDIS plan. With Principal permission, this **NDIS Supporting Evidence form** can be used instead of, OR along with, other documentation

Require other support

Contact your local Learning & Wellbeing Officer for further support.

Refer to the [NSW Department of Education NDIS webpage](#)

Refer families to other disability support services:
 - [Career Gateway](#) - [Disability Gateway](#) - [NDIS provider finder](#)

A **parent consent form** is required for NSW Department of education staff to contact the NDIS on their behalf.

**NO
WAITING
LIST**

**CENTRE-BASED
INDIVIDUAL SUPPORT 1:1
TRANSPORT AVAILABLE - CHECK
FOR AVAILABILITY**



**GIVE YOUR CHILD THE SUPPORT THEY
NEED TO REACH THEIR POTENTIAL!**

Early Intervention

After School

Weekend Program

School Leavers

School Holidays

EXTRACURRICULAR ACTIVITIES

Jiu-Jitsu

Capoeira

Music Therapy

Club Sandwich



For more information
www.luzallabilities.com.au



Free Stepping Stones Parenting Seminars Triple P

For parents of primary school aged children with disabilities

Attend one or attend all three!



WEBINARS

- **Positive Parenting for children with a disability**
Date: Friday 28th March
Time: 12:00pm-1:30pm

[REGISTER NOW!](#)

- **Helping your child reach their potential**
Date: Friday 4th April
Time: 12:00pm-1:30pm

[REGISTER NOW!](#)

- **Changing problem behaviour into positive behaviour**
Date: Friday 11th April
Time: 12:00pm-1:30pm

[REGISTER NOW!](#)

Contact
Jodie Caruana
School-Link
schn-chw-schoolink@health.nsw.gov.au



Notes (continued)



School to Work - Make an Informed Choice

Jobsupport invites parents and teachers of school leavers with intellectual disability to hear about School Leaver Employment Supports funded by the National Disability Insurance Scheme.

Jobsupport is committed to sharing information about what works according to up-to-date evidence. Peter De Natris will present the information sessions. *More info about Jobsupport & Peter on page 2.*

Why should you attend?

School leavers with intellectual disability can work in the open workforce when they get the right support.

The forum will provide information about:

- Best support practices linked to employment outcomes
- How to choose a SLES provider
- What you can do to get ready for SLES funding
- Give you the opportunity to ask questions

Feedback from previous years:

- "Most useful information yet"
- "Thank you, Peter: a most informative presentation"
- "Excellent"
- "Great information"
- "Information that made sense at last"
- "That was gold!"

These sessions aim to inform all school leavers with intellectual disability, not just those eligible for Jobsupport's services.

When and where?



These free information sessions will be held in-person and online via Zoom (a meeting link will be provided by email after registration).

Jobsupport will release dates for the in-person sessions in March.

Register using the QR code, or
by calling Belinda or Mikaela at
0488 550 612
(Monday to Friday 9.30am - 3.30pm)

Available Zoom Sessions

Tuesday 27 th May 6:30pm – 8:00pm	Tuesday 3 rd June 6:30pm – 8:00pm	Tuesday 17 th June 6:30pm – 8:00pm
Wednesday 28 th May 6:30pm – 8:00pm	Wednesday 4 th June 6:30pm – 8:00pm	Wednesday 18 th June 6:30pm – 8:00pm
Thursday 29 th May 9:30am – 11:00am	Thursday 5 th June 9:30am – 11:00am	Thursday 19 th June 9:30am – 11:00am

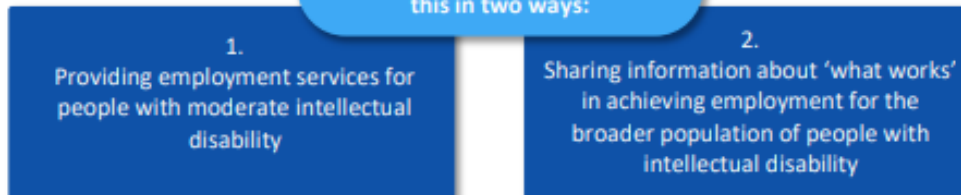
Notes (continued)



SESSION HOST:
Jobsupport

Jobsupport is a non-profit organisation committed to improving employment outcomes for people with intellectual disability.

Jobsupport works to achieve this in two ways:



Jobsupport's current 'What Works' initiatives include:

- Organising information sessions that share the available Government information on the employment outcomes achieved by each Disability Employment Service for people with intellectual disability. The information sessions are intended to assist people with intellectual disability in making an informed choice between services.
- In 2020 Virginia Commonwealth University (U.S.A.) and the University of Sydney finalised a world-wide review of the evidence-based practice literature on achieving employment for people with an intellectual disability. The review was commissioned by Jobsupport and the report is available on the 'What Works' page of the Jobsupport website.
<https://jobsupport.org.au/what-works/>
- Jobsupport is now working with Virginia Commonwealth University and the University of Sydney to produce a series of videos about what works. The first video is on job customisation and will be available shortly on the Jobsupport website on the 'What Works' page.

PRESENTER:
Peter De Natris

Peter De Natris has had a lifelong career focuses on employment of people with disability.

From 2002 to 2014 Peter's work with Ageing, Disability and Home Care in NSW focused on early intervention programs. He was a key driver and architect of the very successful Transition to Work program administered by the NSW Government from 2004 until the implementation of the NDIS. This program supported over 500 people with disability a year, who were leaving school to explore their own journey to employment.

In 2014, Peter joined the National Disability Insurance Agency as a strategic adviser to continue his work in employment and was a key figure in continuing the focus of employment for school leavers as a major part of the National Disability Insurance Scheme early intervention approach. Peter has worked in, around and with all levels of Government on policy, strategy and programs, to improve life outcomes for people with disability, with a focus on early intervention that builds the capacity and capabilities of younger people to try work.

Driven by a passion to see the Australian commitment to rights of people with a disability realised, he recognises the possibilities of employment for school leavers as a key enabler to a more independent and happy adult life.

Notes (continued)



BETTER SUPPORT SOLUTIONS

Specialized Mental Health Service Provider



About us



Better Support Solutions is a registered provider for NDIS



Operating Sydney Wide
Current SIL vacancies in Marayong NSW

At Better Support Solutions, our primary focus is to assist clients in maximizing their NDIS Services. We believe that by doing so, we can enhance their accessibility, choice, and overall control over their life.

Our team has a registered nurse, a psychologist and managing director with over 20 year's experience in the community services industry.

Our Services



We are specialized in supporting high complex mental health clients.



We are specialized in modifying SIL homes and respite for high complex clients.

Notes (continued)

Our Vision



Nurturing and empowering individuals with disabilities.



Creating opportunities for learning and growth, so our clients can connect with their local communities



We commit to provide prompt and efficient services.



We understand the importance of timely care, which is why we have no waiting times for our clients.

Your needs are our priority, and we strive to deliver exceptional care without delay. We look forward to the opportunity of working together and supporting the community on their healthcare journey.



Book in a Quick Call

 1300 807 522

 info@bettersupportsolutions.com.au

 PO Box 256 Kings Langley NSW 2147

 bettersupportsolutions.com.au



Better Support
SOLUTIONS
Inspiring a Better Life

Notes (continued)



为什么选择我们的支持性独立生活住房

- 1 地处黄金地段，环境整洁安全，生活便利，为您提供舒适便捷的居住体验。
- 2 设施完善，布置精美，营造温馨和谐的生活氛围。
- 3 团队定期召开住户会议，收集关于餐饮、活动和服务的反馈意见。
- 4 由经验丰富且持有行业资质的护理团队提供支持，团队成员均经过专业培训，包括持有行业资质的注册护士，满足从日常照料到复杂护理的全方位需求。
- 5 财务透明，每月提供对账单，让您安心无忧。
- 6 量身定制支持计划，确保服务完全契合您的个性化需求。

我们关注您的需求和目标



Better Support
SOLUTIONS
Inspiring a Better Life

联系我们

- ☎ 1300 807 522
- ✉ info@bettersupportsolutions.com.au
- 📍 105/96 Phillip Street Parramatta NSW 2150
- 🌐 www.bettersupportsolutions.com.au



我们关注您的需求和目标



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支持性独立生活住房

SIL / STA / Respite / MTA / SDA



我们关注您的需求和目标

我们提供

- 量身定制支持计划，确保每位客户获得最适合的服务方案
- 专业SIL住房解决方案，打造安全、舒适的个性化居住环境
- 多语言支持团队，提供普通话与粤语的专业服务，确保沟通无障碍

联系我们

- ☎ 1300 807 522
- 🌐 www.bettersupportsolutions.com.au



住宿选择

支持性独立生活 (SIL)

我们提供24/7全天候支持，采用以人为本的主动支持模式，帮助您完成日常任务，实现个人目标。我们的住宿位于黄金地段，环境舒适安全，周边生活便利。我们的团队会与您紧密合作，量身打造最适合您的居住环境，确保您住得舒心、安心。

短期住宿护理 (Respite)

短期住宿护理为您提供一个放松身心的机会，享受一段充满乐趣与活力的全新体验。我们精心安排丰富的活动和外出体验，让您尽情享受愉快时光。同时，我们提供安全舒适的环境，确保每位参与者都能获得个性化的支持与关怀，让您的短期居住充满温暖与快乐。

中期住宿护理 (MTA)

中期住宿护理 (MTA) 为参与者提供最长90天的临时居住，尤其适合刚出院且需要额外护理和支持的过渡期人士。在找到长期住房方案之前，我们可根据您的需要延长租期，确保无缝衔接，帮助您顺利地过渡到下一阶段的生活。

专业化残疾人住房 (SDA)

专业化残疾人住房 (SDA) 专为高支持需求或功能受限人士设计，提供个性化住房解决方案。我们的团队在复杂护理和高需求支持方面经验丰富，涵盖伤口护理、胃造瘘管饲 (PEG 管饲)、导尿管护理、吊机转移辅助及行为管理支持，并由经验丰富的注册护士提供全天候复杂护理支持，确保您获得最专业的照顾。



我们提供的服务

支持性住宿

- 支持性独立生活 (SIL): 提供全天候个性化支持，协助您完成日常任务，实现独立生活目标。
- 短期住宿护理 (Respite): 为您提供短暂休憩的机会，享受精心安排的活动与放松时光。
- 中期住宿护理 (MTA): 为需要过渡期护理的人士提供最长90天的临时居住，帮助您平稳衔接下一阶段。
- 专业化残疾人住房 (SDA): 专为高需求人士设计，提供全面的复杂护理支持，包括专业医疗护理与个性化住房解决方案。

护理与支持服务

- 社区护理 / 复杂护理: 由资深护理团队与注册护士提供专业护理，涵盖从日常照料到高需求的医疗支持。
- 个人护理 / 居家支持: 协助您完成个人护理、餐食准备及家务，让日常生活更加轻松便捷。

支持协调与社区融入

- 支持协调服务: 根据您的需求与预算，制定并执行支持计划，助您达成个人目标。
- 社区参与: 支持您积极参与社区活动，拓展社交圈，丰富生活体验。

附加服务

- 草坪修剪与花园维护: 定期维护您的户外空间，确保环境整洁美观。

Notes (continued)



Teen and young adult clothing swap

Clear out your wardrobes and get ready for our youth swap event!

How does the clothes swap event work? You bring top quality clothes (6-8 items) you no longer use to the swap event. Then you browse, 'shop' and take home others' fab garments in exchange! Items to bring: pants, skirts, tops, jumpers, coats, jumpsuits, shirts, shorts, dresses.

For ages 12-20 years of age (school years 6- 12).

Please let your students and teenage family members know so they can save the date and start getting ready.

- **Gordon Library, 799 Pacific Highway, Gordon**
- **Sunday 13 April 2025**
- **2.00 – 4.00 pm**
- **FREE admission**

[Register online](#)

Notes (continued)

Art & Health Wellbeing

Saturday program

We're looking for **expressions of interest** for a **Saturday program** on the Northern Beaches!

- Mindfulness art techniques
- Large scale painting, collage and sculpture
- Fostering social connections and self expression



Learning outcome

Participants will develop creative skills, boost self-expression, and increase confidence through hands-on art activities, while promoting mental health and wellbeing by combining art and mindfulness techniques to reduce stress and anxiety. Group workshops foster social connections, teamwork, and a sense of belonging, while collaborative projects enhance communication and relationship-building.

Date

Every Saturday from 10:00am-2:30pm

Duration of Course

12 weeks

Location

Cromer Community Centre



We're compiling a list for this program with limited availability.

Let us help you navigate your NDIS funding for your dependent to join this program.

Want to find out more:

Sarah Kingwell
NDIS Metro Area Manager

Call 0481 729 943

Email sarah.kingwell@omnia.inclusive.com.au

