

7 APRIL 2025

Term 1 Week 11

- 11 April—Last day of Term 1
- 30 April—Students return for Term 2

Cromehurst News

Principal's Message



Welcome to Term 1 Week 11

This is the final week of Term 1, with our last day of school on Friday, 11 April. All staff at Cromehurst wish our students and families a wonderful two-week holiday. We look forward to welcoming everyone back on **Wednesday 30 April 2025**.

I would like to take this opportunity to thank all the parents for their support this term. Thank you for your involvement in our walkathon fundraiser and thank you for meeting with your child's teacher to discuss the IEP/ITP plan. The connection between school and home is incredibly valuable for our students as it allows parents and teachers to work together, support learning and support our students in their learning.

I would like to take this opportunity to thank all staff for their continued dedication and work with our students. Your ongoing support, whether in the classroom or beyond, makes a big difference in helping our students to learn and grow. Thank you for all you do to support our students.

School Walkathon

A big thank you to all the students, staff, and Newington Preparatory School for participating in the school walkathon. Special thanks to the Year 5 boys from Newington for coming to support us, cheering on our students, holding up signs like "You Are the Best" and "Wow" and blowing bubbles. Thank you to the staff for walking alongside our students and setting up the activities. As you can see from the photos later in this newsletter it was a fun day!

We are still happy to accept donations so please kindly reach out to family and friends for sponsorship. We also encourage siblings and grandparents to get involved by asking their friends for support. Every contribution, no matter how small, will help us reach our fundraising goal and provide our students with valuable classroom resources.

You can still donate using the QR code! Please use the QR code in the walkathon flyer later in the newsletter. Thank you so much for all your support!

External Post School Expo

Please see the flyer later in the newsletter for the Post School Expo to be held on 7 May from 10.30am -2.30pm at Hornsby RSL. This event provides an excellent opportunity for families to meet and obtain information regarding service providers for students with disabilities in post-school life. Please try to find the time to attend as the information you obtain will help guide your child's individual program goals.

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Principal Message (continued)

Attendance matters

We are here to support you in making sure students are attending school every day and getting the most out of their learning. #EveryDayMatters

If you need any support please contact the school and I will be happy to work together with you on getting children to school on time and for the day. Erica the HSLO (Home School Liaison Officer) is very happy to suggest ideas, resources and to work together as a community on improving school attendance for all students.

Playground Closure Schedule and Updates for Next Week

This week the primary playground will be out of action early in the week as they begin laying the foundations for the new modular classrooms. Later in the week the senior playground will be closed for the installation of concrete and the building of yarning benches. We will make sure to take photos during the process to share with you. We apologise for the inconvenience, but students will have access to alternate play areas during this time. Thank you for your understanding.

P&C

Our school has a lovely parent body (the P&C). It is a very small group and they will be looking for more parents to join them next term. They meet just once a term, and it is an opportunity for parents to connect socially and to contribute to discussions about our school. If you are interested in joining the P&C, please contact Brett on cromehurstpandc@gmail.com

Principal's award

The Principal's award this week goes to Zoe for great participation in the school walkathon. Well done Zoe!



Melinda

Cromehurst Colourful Walkathon

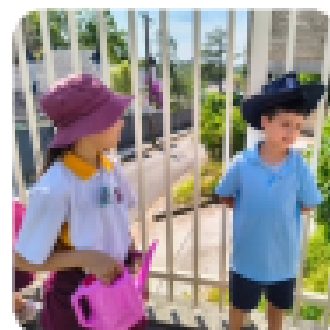
Last Wednesday our entire school community came together for a vibrant Walkathon to raise funds for our new modular classrooms and resources. We were fortunate to have 40 Year 5 boys from Newington Preparatory School join us in this endeavour. The primary students enjoyed walking through four different stations to complete their laps, while the seniors navigated the school, earning a stamp on their certificates for each lap they finished. It was a day filled with fun and enthusiasm!

A heartfelt thank you to everyone who made a donation; we truly appreciate your support.





CROMEHURST WILLOUGHBY BUDDY PROGRAM



Each week on Thursday students from Yellow, Green and Rainbow class participate in the Willoughby Buddies program. This program has been running for 30 years and promotes healthy social relationships for students from both schools. The relationships built across the year provide all students with an opportunity to engage with children who are different from themselves. The students really look forward to playing with their buddies and learning how to communicate. Some favourite buddy activities are cars, bubbles, drawing, singing, puppets, instruments, and the sensory garden.



CROMEHURST WILLOUGHBY BUDDY PROGRAM



CROMEhurst SCHOOL

Term 1 Week 10
24—29 March 2025

Assembly Awards

Name	Class	Awarded For Learning Together
Koa	Green	Trying his best in all areas
Vlad	White	Trying his best at the Cromehurst walkathon
Eitansh	Yellow	For using his fork beautifully at meal times! Also for using Proloquo to request his food
Hin Hin	Cooking	Making his chocolate milk and enjoying it
Josephine	Rainbow	Listening to and enjoying the story with Paul and Claire
Kai	Art—Senior	Participating in most art lessons in Term 1

Name	Class	Awarded For Being Friendly
Sofie	Purple	Being friendly and welcoming to the new and familiar visitors that have visited our class and school this week
Liam	Orange	Being friendly to his peers
Nathan	Art—Primary	Happily sharing equipment during art lessons

Name	Class	Awarded For Being Safe
Sam	Pink	Participating so enthusiastically in the walkathon. So proud!
Yuvaan	Aqua	Standing independently for +4 minutes
Adam	Blue	Pushing the trolley around the school during jobs

Cromehurst School Tuckshop

⇒ **Popcorn** \$1.00



⇒ **Mini digestives** \$1.00



⇒ **Rice crackers/Vege/Pea chips (GF) ...** . \$1.50



⇒ **Sunbites** \$1.00



⇒ **Sultana snack pack** \$1.00



⇒ **Yoghurt pouch** (Vanilla, Strawberry) \$1.00



⇒ **Milk** (Chocolate/Strawberry) \$1.00



⇒ **Fruit jelly cup** \$1.50



⇒ **Juice box** (Apple, Orange, Tropical) \$1.00



⇒ **Sensory Toy** (bubbles, slinkies etc) from \$1.00



Example



The Cromehurst tuckshop is operated and run by the students. As part of the school's curriculum, students are learning about stocking, marketing, the selling of goods and using money skills in a safe environment.



Return & Earn

We would love for you to join us in recycling! Simply take a screenshot of this barcode and scan it at any Return and Earn Collection point to recycle your eligible bottles and cans.

Location of Return and Earn Collection points can be found on this website: <https://returnandearn.org.au/map/>

Thank you for supporting our school and the environment!



A colorful poster for a school walkathon. At the top, a large yellow sun contains the text 'CROMEHRST SCHOOL WALKATHON' in bold black letters. Below the sun, a dark blue rounded rectangle with a white border contains the text 'FUNDRAISER!!' in white, italicized, bold letters. In the center, a group of eight stylized human figures in various shades of blue and green are walking towards the right. The background features a light blue sky, green trees on the sides, and a green ground. At the bottom left, there is a block of text in black capital letters. To the right of the text is a shield-shaped logo with a sunburst and the word 'CROMEHRST'. Below the logo is a QR code.

**CROMEHRST SCHOOL
WALKATHON**

FUNDRAISER!!

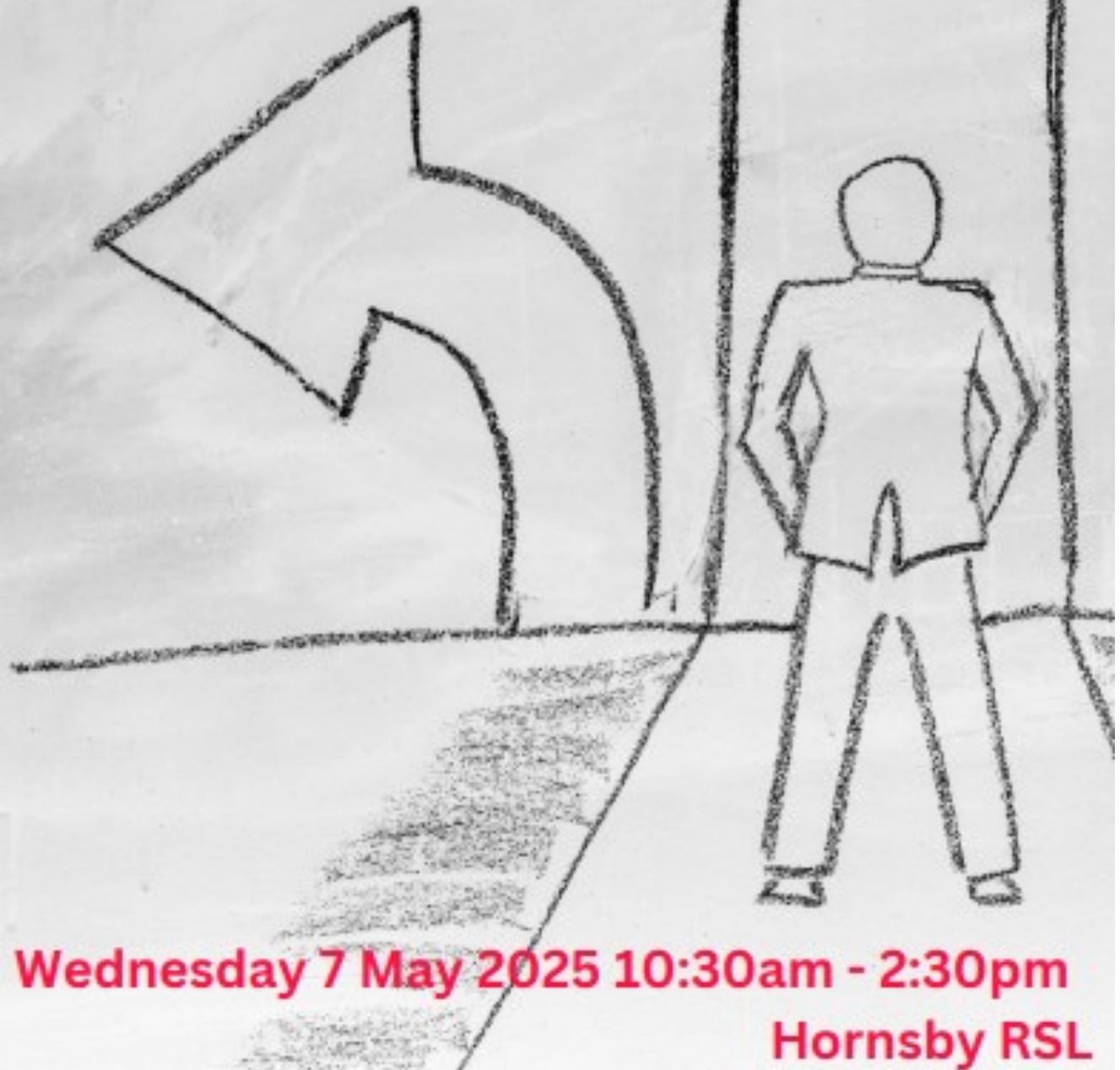
ON WEDNESDAY 2 APRIL 2025

OUR SPECIAL NEEDS STUDENTS ARE HOLDING
A WALKATHON TO RAISE MONEY FOR MUCH
NEEDED SENSORY EQUIPMENT AND TEACHING
RESOURCES FOR OUR TWO NEW MODULAR
CLASSROOMS. PLEASE SUPPORT OUR
STUDENTS WITH A DONATION.

USE THE QR CODE OR VISIT
[HTTPS://WWW.TRYBOOKING.COM/AU/DONATE/
CROMEHRSTWALKATHON](https://www.trybooking.com/AU/DONATE/CROMEHRSTWALKATHON)



Northern Sydney Post School Expo for People with a (dis)Ability



Wednesday 7 May 2025 10:30am - 2:30pm

Hornsby RSL

SUPPORT COORDINATION

NDIS Support Coordination

Coordination of Support is a capacity building support, funded to assist you to understand and get the most out of your NDIS plan.

- Implementing Your NDIS Plan
- Linking You With The Service Providers & Therapies
- Assisting You Reach Your Goals
- Navigating NDIS Reviews, Assistive Tech Applications, SIL & SDA
- Monitoring Your NDIS Budget



**SUNLAND
SUPPORT**
TOTAL HEALTHCARE IN THE COMFORT OF YOUR HOME



1300 712 730



www.sunlandsupport.com.au



info@sunlandsupport.com.au



**SUNLAND
SUPPORT**
TOTAL HEALTHCARE IN THE COMFORT OF YOUR HOME

NDIS DISABILITY SERVICES

If you are an NDIS participant seeking comprehensive services in Northern Sydney, we offer a wide range of NDIS services tailored to meet your unique requirements.

OUR SERVICE

- ✓ Support Coordination
- ✓ Personal Care
- ✓ Complex Nursing Care
- ✓ Home Care Assistance
- ✓ Community Participation
- ✓ Day Programs
- ✓ NDIS Art Class



REGISTERED
NDIS
PROVIDER



1300 712 730 / 0414 539 073



www.sunlandsupport.com.au

Notes (continued)

**NO
WAITING
LIST**

**CENTRE-BASED
INDIVIDUAL SUPPORT 1:1
TRANSPORT AVAILABLE - CHECK
FOR AVAILABILITY**

**GIVE YOUR CHILD THE SUPPORT THEY
NEED TO REACH THEIR POTENTIAL!**

Early Intervention

After School

Weekend Program

School Leavers

School Holidays

EXTRACURRICULAR ACTIVITIES

Jiu-Jitsu

Capoeira

Music Therapy

Club Sandwich

For more information
www.luzallabilities.com.au

Notes (continued)



School to Work - Make an Informed Choice

Jobsupport invites parents and teachers of school leavers with intellectual disability to hear about School Leaver Employment Supports funded by the National Disability Insurance Scheme.

Jobsupport is committed to sharing information about what works according to up-to-date evidence. Peter De Natris will present the information sessions. *More info about Jobsupport & Peter on page 2.*

Why should you attend?

School leavers with intellectual disability can work in the open workforce when they get the right support.

The forum will provide information about:

- Best support practices linked to employment outcomes
- How to choose a SLES provider
- What you can do to get ready for SLES funding
- Give you the opportunity to ask questions

Feedback from previous years:

- "Most useful information yet"
- "Thank you, Peter: a most informative presentation"
- "Excellent"
- "Great information"
- "Information that made sense at last"
- "That was gold!"

These sessions aim to inform all school leavers with intellectual disability, not just those eligible for Jobsupport's services.

When and where?



These free information sessions will be held in-person and online via Zoom (a meeting link will be provided by email after registration).

Jobsupport will release dates for the in-person sessions in March.

Register using the QR code, or
by calling Belinda or Mikaela at
0488 550 612
(Monday to Friday 9.30am - 3.30pm)

Available Zoom Sessions

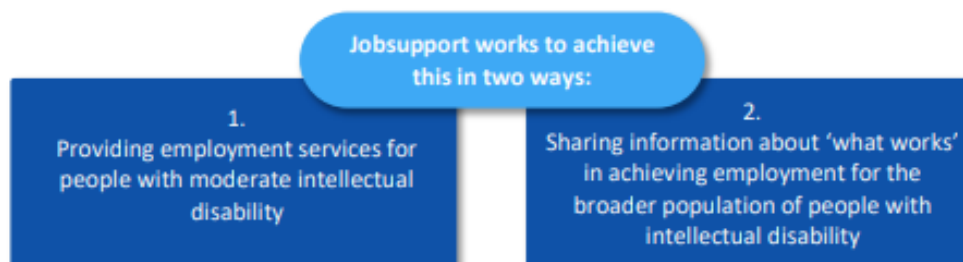
Tuesday 27th May 6:30pm – 8:00pm	Tuesday 3rd June 6:30pm – 8:00pm	Tuesday 17th June 6:30pm – 8:00pm
Wednesday 28th May 6:30pm – 8:00pm	Wednesday 4th June 6:30pm – 8:00pm	Wednesday 18th June 6:30pm – 8:00pm
Thursday 29th May 9:30am – 11:00am	Thursday 5th June 9:30am – 11:00am	Thursday 19th June 9:30am – 11:00am

Notes (continued)



SESSION HOST:
Jobsupport

Jobsupport is a non-profit organisation committed to improving employment outcomes for people with intellectual disability.



Jobsupport's current 'What Works' initiatives include:

- Organising information sessions that share the available Government information on the employment outcomes achieved by each Disability Employment Service for people with intellectual disability. The information sessions are intended to assist people with intellectual disability in making an informed choice between services.
- In 2020 Virginia Commonwealth University (U.S.A.) and the University of Sydney finalised a world-wide review of the evidence-based practice literature on achieving employment for people with an intellectual disability. The review was commissioned by Jobsupport and the report is available on the 'What Works' page of the Jobsupport website.
<https://jobsupport.org.au/what-works/>
- Jobsupport is now working with Virginia Commonwealth University and the University of Sydney to produce a series of videos about what works. The first video is on job customisation and will be available shortly on the Jobsupport website on the 'What Works' page.

PRESENTER:
Peter De Natris

Peter De Natris has had a lifelong career focuses on employment of people with disability.

From 2002 to 2014 Peter's work with Ageing, Disability and Home Care in NSW focused on early intervention programs. He was a key driver and architect of the very successful Transition to Work program administered by the NSW Government from 2004 until the implementation of the NDIS. This program supported over 500 people with disability a year, who were leaving school to explore their own journey to employment.

In 2014, Peter joined the National Disability Insurance Agency as a strategic adviser to continue his work in employment and was a key figure in continuing the focus of employment for school leavers as a major part of the National Disability Insurance Scheme early intervention approach. Peter has worked in, around and with all levels of Government on policy, strategy and programs, to improve life outcomes for people with disability, with a focus on early intervention that builds the capacity and capabilities of younger people to try work.

Driven by a passion to see the Australian commitment to rights of people with a disability realised, he recognises the possibilities of employment for school leavers as a key enabler to a more independent and happy adult life.

Notes (continued)



BETTER SUPPORT SOLUTIONS

Specialized Mental Health Service Provider



About us



Better Support Solutions is a registered provider for NDIS

At Better Support Solutions, our primary focus is to assist clients in maximizing their NDIS Services. We believe that by doing so, we can enhance their accessibility, choice, and overall control over their life.



Operating Sydney Wide
Current SIL vacancies in Marayong NSW

Our team has a registered nurse, a psychologist and managing director with over 20 year's experience in the community services industry.

Our Services



We are specialized in supporting high complex mental health clients.



We are specialized in modifying SIL homes and respite for high complex clients.

Notes (continued)

Our Vision



Nurturing and empowering individuals with disabilities.



Creating opportunities for learning and growth, so our clients can connect with their local communities



We commit to provide prompt and efficient services.



We understand the importance of timely care, which is why we have no waiting times for our clients.

Your needs are our priority, and we strive to deliver exceptional care without delay.

We look forward to the opportunity of working together and supporting the community on their healthcare journey.



Book in a Quick Call



1300 807 522



info@bettersupportsolutions.com.au



PO Box 256 Kings Langley NSW 2147



bettersupportsolutions.com.au



Better Support
— SOLUTIONS —
Inspiring a Better Life

Notes (continued)



为什么选择我们的支持性独立生活住房

- 1 地处黄金地段，环境整洁安全，生活便利，为您提供舒适便捷的居住体验。
- 2 设施完善，布置精美，营造温馨和谐的生活氛围。
- 3 团队定期召开住户会议，收集关于餐饮、活动和服务的反馈意见。
- 4 由经验丰富且持有行业资质的护理团队提供支持，团队成员均经过专业培训，包括持有行业资质的注册护士，满足从日常照料到复杂护理的全方位需求。
- 5 财务透明，每月提供对账单，让您安心无忧。
- 6 量身定制支持计划，确保服务完全契合您的个性化需求。

我们关注您的需求和目标



Better Support
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Inspiring a Better Life

联系我们

- ☎ 1300 807 522
✉ info@bettersupportsolutions.com.au
📍 105/96 Phillip Street Parramatta NSW 2150
🌐 www.bettersupportsolutions.com.au



WeChat QR Code

我们关注您的需求和目标



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支持性独立生活住房

SIL / STA / Respite / MTA / SDA



我们关注您的需求和目标

我们提供

- 量身定制支持计划，确保每位客户获得最适合的服务方案
- 专业SIL住房解决方案，打造安全、舒适的个性化居住环境
- 多语言支持团队，提供普通话与粤语的专业服务，确保沟通无障碍

联系我们

- ☎ 1300 807 522
🌐 www.bettersupportsolutions.com.au



住宿选择

支持性独立生活 (SIL)

我们提供24/7全天候支持，采用以人为本的主动支持模式，帮助您完成日常任务，实现个人目标。

我们的住宿位于黄金地段，环境舒适安全，周边生活便利。我们的团队会与您紧密合作，量身打造最适合您的居住环境，确保您住得舒心、安心。

短期住宿护理 (Respite)

短期住宿护理为您提供一个放松身心的机会，享受一段充满乐趣与活力的全新体验。我们精心安排丰富的活动和外出体验，让您尽情享受愉快时光。同时，我们提供安全舒适的环境，确保每位参与者都能获得个性化的支持与关怀，让您的短期居住充满温暖与快乐。

中期住宿护理 (MTA)

中期住宿护理 (MTA) 为参与者提供最长90天的临时居住，尤其适合刚出院且需要额外护理和支持的过渡期人士。在找到长期住房方案之前，我们可根据您的需要延长租期，确保无缝衔接，帮助您顺利过渡到下一阶段的生活。

专业化残疾人住房 (SDA)

专业化残疾人住房 (SDA) 专为高支持需求或功能受限人士设计，提供个性化住房解决方案。我们的团队在复杂护理和高需求支持方面经验丰富，涵盖伤口护理、胃造瘘管饲 (PEG 管饲)、导尿管护理、吊机转移辅助及行为管理支持，并由经验丰富的注册护士提供全天候复杂护理支持，确保您获得最专业的照顾。



我们提供的服务

支持性住宿

- 支持性独立生活 (SIL): 提供全天候个性化支持，协助您完成日常任务，实现独立生活目标。
- 短期住宿护理 (Respite): 为您提供短暂休息的机会，享受精心安排的活动与放松时光。
- 中期住宿护理 (MTA): 为需要过渡期护理的人士提供最长90天的临时居住，帮助您平稳衔接下一阶段。
- 专业化残疾人住房 (SDA): 专为高需求人士设计，提供全面的复杂护理支持，包括专业医疗护理与个性化住房解决方案。

护理与支持服务

- 社区护理 / 复杂护理: 由资深护理团队与注册护士提供专业护理，涵盖从日常照料到高需求的医疗支持。
- 个人护理 / 居家支持: 协助您完成个人护理、餐食准备及家务，让日常生活更加轻松便捷。

支持协调与社区融入

- 支持协调服务: 根据您的需求与预算，制定并执行支持计划，助您达成个人目标。
- 社区参与: 支持您积极参与社区活动，拓展社交圈，丰富生活体验。

附加服务

- 草坪修剪与花园维护: 定期维护您的户外空间，确保环境整洁美观。

Notes (continued)

Art & Health Wellbeing

Saturday program

We're looking for **expressions of interest** for a **Saturday program** on the Northern Beaches!

- Mindfulness art techniques
- Large scale painting, collage and sculpture
- Fostering social connections and self expression

Learning outcome

Participants will develop creative skills, boost self-expression, and increase confidence through hands-on art activities, while promoting mental health and wellbeing by combining art and mindfulness techniques to reduce stress and anxiety. Group workshops foster social connections, teamwork, and a sense of belonging, while collaborative projects enhance communication and relationship-building.

Date

Every Saturday from 10:00am-2:30pm

Duration of Course

12 weeks

Location

Cromer Community Centre



We're compiling a list for this program with limited availability.

Let us help you navigate your NDIS funding for your dependent to join this program.

Want to find out more:

Sarah Kingwell
NDIS Metro Area Manager

Call 0481 729 943

Email sarah.kingwell@omnia.inclusive.com.au



Notes (continued)

NSW Department of Education



Calendar 2025

Eastern division

January

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6	7	8	9	10	11	12
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December

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29	30	31				

Key dates

Check with your school as starting and finishing dates may change.



First to last days for all students:

Term 1: 6 February to 11 April
 Term 2: 30 April to 4 July
 Term 3: 22 July to 26 September
 Term 4: 14 October to 19 December



School development days:

Term 1: 31 January to 5 February

Term 2: 28 April and 29 April

Term 3: 21 July

Term 4: 13 October



School holidays:

Summer 2024-25: 22 December 2024 to 30 January 2025

Autumn: 14 April to 24 April

Winter: 7 July to 18 July



Public holidays

Spring: 29 September to 10 October

Summer 2025-26: 22 December 2025 to 26 January 2026



School development days

The dates are determined by the department. Always check with your local school as dates may change. Parents and carers should not send their children to school on school development days.

education.nsw.gov.au/school-development-days



Scan me for key dates

education.nsw.gov.au/calendars